

Last Update: AUG 2013

Personal Information:

Name: Shamsaddin Niknami
Educational group: Health Education
Date of Birth: 12 Dec 1952
Place of Birth: Mianeh, Iran
Marital Status: Married
Employment Status: Faculty Member
Address: Tarbiat Modares University, Jalal Ale Ahmad Highway,
Faculty of medicine, Tehran, Iran
P.O. Box: 14115-331
Tel. (work): +98 21 82883549
Fax: +98 21 82884555
Mobile: +98 912 4057083
E-mail: niknamis@modares.ac.ir and niknami6@yahoo.com

Education Records:

- Degree Institute Field Date
- B.A Tehran university Sociology 1980

- **M.A Tarbiat modaresUniversity Sociology 1988**
- **Ph.D. Tarbiat modaresUniversity Health Education 1994**

Academic Experiences:

- **1979-1984Director of Education in Education & Training ministry, Tehran, Iran**
- **1985-1988Director of official affairs at Tarbiat modares university, Tehran, Iran**
- **1988-1994Director of finance in Medical Faculty at Tarbiat modares University, Tehran, Iran**
- **1991-1998Head of the Department of Health, Medical faculty, Tarbiat modares university, Tehran, Iran**
- **1995-2002Director of administration in governmental & social affairs in Judicial organization, Tehran, Iran**
- **2006 -2002Director of administration & finance in Pasteur institution, Tehran, Iran**
- **1989present: The member of Health education research group , Tarbiat modares university, Tehran, Iran**
- **1995present: Instructor in health education (M.Sc.), Tarbiat modares University, Tehran, Iran**
- **1995present : The member of Health education special research group , Tarbiat modares university, Tehran, Iran**
- **1995present: Lecturer (Assistant professor) in Health education(M.Sc.&Ph.D.), Medical faculty, Tarbiat modares university, Tehran, Iran**
- **2002present: The member of research group, Pasteur institution, Tehran, Iran**
- **2006present: Dean of Chabahar Center Researcher in Tarbiat Modares University,**

Membership of Scientific Societies:

- **2002Present: Member of Health education science society**

- **1995-1997**Member of the special board of Health Education in health& medical education ministry, Tehran, Iran
- **2003**Present: Head of Health journal in, Pasteur institution

Referee for Journal Articles Submitted to :

(Iranian journal of) Iranian Health society

(Iranian journal of) Kousar

(Iranian journal of) Journal of Daneshvar

(Iranian journal of)Journal of Yazd medical science (Shahid Sadogi)

Research Interests:

- 1- Health education models**
- 2- women's health, breast cancer prevention program**
- 3- Obesity, diet, and physical activity**
- 4- Injury prevention and control**
- 5- Chronic disease coping and management**
- 6- HIV/AIDS prevention**
- 7- Tobacco prevention initiative and cessation programs**
- 8- Cancer prevention and control**
- 9- Healthy Aging and Quality of Life/Life Satisfaction**
- 10- School Health Education**

Articles:

- 1. Sh. Niknami, A. Nadim, D. Shojaezadeh, E. Hajizadeh, F. Shafii. Study of the Knowledge, Attitude& Practice of Mothers about Kala-Azar in the rural communities of endemic area of Meshkin-Shahr. Journal of Behdashte Iran. 1995, 24(1), 15-24.**
- 2. S.S. Mazlomi, Sh. Niknami, F. Ghofranipour, S. Faghihzadeh, A.R. Heydarnia. Knowledge, Attitude and Practice of Mothers about Leshmaniasis in Yazd. Shahed Journal in Medical Science, summer 1999, 7(2), 32-9.**

3. S. Mazlomi, Sh. Niknami, F. Ghofranipour, S. Faghihzadeh, A.R. Heydarnia. Leishmania: ancient sore in old region of Yazd. Farhange-Yazd. 1999, 1(2 and 3), 107-110.
4. F. Rakhshani, Sh. Niknami, F. Ghofranipoor, Gh. Babaii, M. Zaim. The application of the Health Belief Model (H.B.M) in preventive behaviors Malaria in Saravan . Daneshvar Journal in Medical Science, summer 1999, 6(24), 17-22.
5. Sh. Niknami, A. Nadim, D. Shojaezadeh, E. Hajizadeh, F. Shafii. Study of the Knowledge, Attitude and Practice of Mothers about Kala-Azar in the rural communities of endemic area of Meshkin-Shahr. Daneshvar Journal in Medical Science. Spring 1999, 6(23), 39-45
6. F. Rakhshani, Sh. Niknami, F. Ghofranipoor , Gh. Babaii. Perceptio, practice and Believes of the people on Malaria in Saravan . The Journal of Qazvin university of Medical and Health Sciences. Spring1999, No.9, 71-78.
7. Sh. Niknami, Y. Hamidzadeh Arbabi. A review on the Effectiveness of health education program on the preventive behaviors of male barbers of Ardabil city regarding of Hepatitis B. Shahed Journal in Medical Science. Agu-Sep 2001, 9(35), 79-84.
8. Sh. Niknami, M. Zeinali. A study on the Effectiveness of health education on the Knowledge, Attitude& Practice of health Workers regarding the prevention of cervical cancer. Shahed Journal in Medical Science. Spring 2002, 9(38), 65-9.
9. Sh. Niknami, A.R. Heydarnia, R. Mosaei. Effects of education on Iron deficiency anemia in girl students. Journal of Health Education and Health Promotion. 2003, 1(1), 39-43
10. M. Anoshe, Sh. Niknami, R. Tavakoli, S. Faghihzadeh. Preliminary assessment of mature education in adolescent girls: A qualitative research. Journal of Andishe va Raftar. 2003, 9(2), 64-68.
11. M. Rennou, M. C. Maes, H.H. Maes, R.F. Maes, A.R. Hadizadeh Tasbiti, Sh. Yari, A. Karimi, Sh. Niknami, A.R. Bahrmand. Immune Reactivity of Mycobacterium Bovis (Strain BCG) and Mycobacterium Vaccae. Tanaffos. 2004, 3(21), 7-18.
12. M. Karimi, Sh. Niknami, A.R. Hidarnia, A. Ramezankhani. Effects of health education program on the AIDS preventive behaviors in prisoners. The journal of Qazvin uni. of Med. Sci. 2004, 30(1), 40-45.
13. Sh. Niknami, A.R. Hidarnia, R. Mosaei. Health education effects on reduction of Iron deficiency in girl students. Journal of Health Education and Health Promotion. 2003, 1(1), 39-43.
14. M. Nazari, Sh. Niknami. Evaluation the effect of the health education prograsm on consumer nutrition pattern and eating breakfast at primary school in Chabahar. Journal of Health Education and Health Promotion. 2004, 1(2), 19-23.
15. Sh. Niknami, A. Firozan, F. Ghofranipour. The effect of health education on behavioral health among teenage girls in menstruation. Journal of Health Education and Health Promotion. 2004,

16. B. Moeini, Sh. Niknami, A. Rajab. Influences of education on the knowledge, attitude and practice of the diabetic patients referred to diabetes clinic of Abhar. *Journal of Health Education and Health Promotion*. 2004, 1(3), 41-45.
17. T. Hashemifard, Sh. Niknami, A.R. Hidarnia, T. Dehdari. Study of health education stability on patients' quality of life with open heart surgery in Shahid Rajaei hospital. *Journal of Health Education and Health Promotion*. 2004, 1(3), 25-32.
18. F. Rakhshani, Sh. Niknami, A.R. Ansari Moghaddam. Couple communication in family planning decision-making in Zahedan, Islamic Republic of Iran. *Eastern Mediterranean Health Journal*, 2005, 11(4), 586-93.
19. K. Karimzadeh Shirazi, Sh. Niknami, L. Wallace, A.R. Hidarnia, E. Rahimi, S. Faghihzadeh. Changes in self-efficacy and decisional balance following an intervention to increase consumption of calcium-rich foods. *Social Behavior and Personality*, 2006, 34 (8), 1007-16.
20. M. Nazari, Sh. Niknami, A.R. Hidarnia, Gh. Babaee, L. Ghahramani. Effects of health education on nutritional behaviors of primary schools girls. *Journal of Daneshvar*. 2006, 61(6), 65-70.
21. K. Karimzadeh, Louise M. Wallace, Sh. Niknami, A.R. Hidarnia, G. Torkaman, M. Gilchrist, S. Faghihzadeh. A home-based, transtheoretical change model designed strength training intervention to increase exercise to prevent osteoporosis in Iranian woman aged 40-65 years: A randomized controlled trial. *Health Education Research*, 2007, 22(3), 305-17.
22. M. Ghaffari, S. Rakhshanderou, Sh. Niknami, A. Ramezankhani. Media: response to HIV/AIDS. *Quarterly Pazhoohesh va Sanjesh*. 2007, 50(15), 65-85.
23. K. Karimzadeh, Sh. Niknami, A.R. Heydarnia, M. Wallace Lowis, G. Torkaman, S. Faghihzadeh. Effects of a TTM-based osteoporosis prevention physical activity education, on increasing muscle strength and balance in women aged 40-65. *Journal of Hakim*, 2007, 10(2), 34-43.
24. M. Ghaffari, Sh. Niknami, A. Kazemnejad, E. Mirzaee, F. Ghofranipour. Design and validating 10 conceptual scales to prevent HIV among adolescents. *Journal of Behbood*, 2007, 11(1), 38-51.
25. K. Karimzadeh, Sh. Niknami, A.R. Heydarnia, M. Wallace Lowis, G. Torkaman, S. Faghihzadeh. Effects of a TTM-based Osteoporosis prevention physical activity education, on increasing muscle strength and balance in women aged 40-65. *Journal of Hakim*, 2007, 10(2), 34-43.
26. M. Ghaffari, Sh. Niknami, A. Kazemnejad, E. Mirzaee, F. Ghofranipour. Design and validating 10 conceptual scales to prevent HIV among adolescents. *Journal of Behbood*, 2007, 11(1), 38-51.

27. Sh. Niknami, A. Hatami, A.R. Heydarnia. The affect of health education program on preventing AIDS in self-reported addicts' wives. *Journal of Behbood*, 2007, 11(2), 120-130.
28. P. Teymori, Sh. Niknami, F. Ghofranipour. Effects of a school-based intervention on the bases of Pender's Health Promotion Model to improve physical activity among high school girls. *Journal of Armaghane-danesh*, 2007, 12(2), 47-59.
29. F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, A. Montazeri, F. Ghofranipour F. Ahmadi. Iranian Motorcyclists' Personal Experiences of Risky Riding. *Journal of Behbood*, 2008, 38(1), 271-86.
30. F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, F. Ahmadi. A. Montazeri, F. Ghofranipour. Reasons for Riding Motorcycles and Taking Risky Behaviors: A Qualitative Study. *Journal of Behbood*, 2008, 36(1), 85-101.
31. 3P. Taymoori , Sh. Niknami , T. Berry , D. Lubans , F. Ghofranipour , A. Kazemnejad. A school based randomized controlled trial to improve physical activity among Iranian high school girls, *International Journal of Behavior Nutrition and Physical Activity*, 2008, 5(18), 1-13.
32. Sh. Niknami, M. Akbari , F. Ahmadi, Gh. Babaei, A.R. Hidarnia. Smoking Initiation amongst Iranian Adolescents: A Qualitative Study, *Eastern Mediterranean Health Journal*, 2008, 14(6), 1290-1300.
33. L. Ghahremani, Sh. Niknami, MT. Mosavi, AR. Heidarnia, K. Karimzadeh Shirazi, Gh. Babaei. Transtheroretical Model-based interventions to improve physical activities in elderly men. *Journal of Armaghane-danesh*, 2008, 13(1), 77-88.
34. M. Nazari, A. Heidarnia, H. Eftekhari Ardebili, M. Mobasheri, F. Amin Shokravi, Sh. Niknami, Gh. Babaei. Interventions based on PRECEDE-PROCEED for promoting safety behaviors in primary school boys. *Journal of Armaghane-danesh*, 2008, 13(2), 83-93.
35. P. Taymoori, Sh. Niknami, F. Ghofranipour. Cognitive and psychosocial factors of physical activities among adolescents in Sanandaj by frame work of Pender's health promotion and stage of change models. *Journal of Behbood*, 2008, 35(4), 393-406.
36. P. Taimoori, Sh. Niknami, T. Berry, F. Ghofranipour, A. Kazemnejad. Application of the health promotion model to predict stages of exercise behavior in iranian adolescents. *Eastern Mediterranean Health Journa*, 2009,15(5): 1215-1226
37. F. Rahmati Najarkolaee, Sh. Niknami, M.R Jafari, R. Farmanbar. Application of health belief model in HIV/AIDS prevention planning. *Journal of Payesh*. 2009, 8(4): 350-359.
38. Mohammadi Zeydi, A. Hidarnia, Sh. Niknami, Ali Safari Variani. The prediction of adoption with

correct sitting postural habit: an application of the Theory of Planned Behavior. *European Journal of Scientific Research*, 2009, 28(2), 205-14.

39. F. Sadeghnezhad, Sh. Niknami, M Ghaffari. Effect of health education method on promoting breast self-examination. *Journal of Birjand*, 2009, 15(4), 38-49.
40. M. Ghaffari, Sh. Niknami, M. Bazargan, A. Kazemnejad, E. Mirzaee, F. Ghofranipour. Correlation of the intention to remain sexually inactive among male adolescents in an islamic country: Case of the Republic of Iran. *Journal of School Health*, 2009, 79(3), 123-9.
41. F. Zamani-Alavijeh, Sh. Niknami, M. Bazargan, E. Mohammadi, A. Montazeri, F. Ahmadi, F. Ghofranipour. Accident-Related Risk Behaviors Associated with Motivations for Motorcycle Use in Iran: A Country with Very High Traffic Death. *Traffic Injury Prevention*. 2009, 10(3), 237-42.
42. R. Farmanbar, Sh. Niknami, A. Heydarnia, E. Hajizadeh, D.R. Lubans. Predicting exercise behavior among Iranian college students using the Transtheoretical Model and Structural Equation Modeling. *European Journal of Scientific Research*. 2009, 31(3), 355-65.
43. Z. Ghazanfari, Sh. Niknami, F. Ghofranipour, B. Larijani. Regular physical activity from prespective of females with diabetes. *Ofogh-e-Danesh*. 2009, 15(2), 5-14.
44. Sh. Niknami, M. Taheri Aziz, M. Mohraz. Effectiveness of designed health education package on healthy behaviors of patients with Tuberculosis at Pasteur Institute of Iran. *Zanjan Medical University Journal*. 2009, 17(66), 13-20.
45. M. Karimi, M. Hassani, R. Khoram, M. Ghaffari, Sh. Niknami. The study of Health Belief Model effects on creating breast self-examination in health workers in Zarandiyeh. *Journal of Tabibeshargh*. 2008, 10(4), 283-291.
46. R. Farmanbar, Sh. Niknami, A.R. Hidarnia, E. Hajizadeh. Predictors of student sport behaviors based on Transtheoretical Model and self-determine theory using path analysis. *Journal of Guilan University of Medical Sciences*. 2009, 18(71), 35-46.
47. R. Farmanbar, Sh. Niknami, A.R. Hidarnia, E. Hajizadeh. Predictors of student sport behaviors based on Transtheoretical Model using path analysis. *Payesh Journal*. Under published.
48. F. Rahmati Najarkolayi, Sh. Niknami, F. Aminshokravi, F. Ahmadi. Perceptions and behaviors of HIV/AIDS patients: A qualitative study. *Journal of Behbood*. 2009, 13(3), 220-234.
49. Mohammadi Zeydi, A.R. Hidarnia, Sh. Niknami. Predicting factors of worker behavior for proper working posture based on Plane Behavior Theory. *Journal of Armaghane- Danesh*. 2009, 13(3, 4), 111-22.

50. R. Farmanbar, Sh. Niknami, AR. Hidarnia, E. Hajizadeh. Validity and reliability of the Behavioral regulation in exercise questionnaire-2 among students. *Journal of Behbood*. 2009, 13(3), 220-234.
51. R. Farmanbar, Sh. Niknami, AR. Hidarnia, E. Hajizadeh. Validity and reliability of the Behavioral regulation in exercise questionnaire-2 (BREQ-2) in Iranian University students. *Social Behavior and Personality: An International Journal*. 2010, 38(1)
52. Sh. Niknami, F. Rahmati Najarkolayi, F. Amin Shokravi, F. Ahmadi, S.S. Tavafian, E. Hajizadeh. Individual factors that caused high risk behaviors of HIV/AIDS: A Quantity Study. *Payesh*. Under published.
53. F. Zamani-Alavijeh, Sh. Niknami, E. Mohammadi, A. Montazeri, F. Ghofranipour, F. Ahmadi SH.H. Bazargan. Motorcyclists' reactions to safety helmet law: a qualitative study. *BMC Public Health*. 2009, 9:393, <http://www.biomedcentral.com/1471-2458/9/393>
54. L. Ghahremani, Sh. Niknami, MT. Mosavi, AR. Heidarnia, K. Karimzadeh Shirazi, Gh. Babaei. Quality of Life promotion in elderly men based on educational intervention in Kahrizak. *Danesh and Tandorosti Journal*. Under Published.
55. E. Hatefnia, Sh. Niknami, M. Mahmoudi, M. Lamian. The effects of "Theory of planned behavior" based education on the promotion of Mammography performance in employed women. *Birjand Medical University Journal*. 2010, 17(1), 50-58.
56. E. Hatefnia, Sh. Niknami, M. Mahmoudi, M. Lamian. Correlates of Mammography Utilization among Working Muslim Iranian women. *Health Care for Women International Journal*. Under Published.
57. T. F. Harandy, F. Ghofranipour, A. Montazeri, M. Anoosheh, M. Bazargan, E. Mohamadi, F. Ahmadi, Sh. Niknami. Muslim breast cancer survivor spirituality: Coping strategy or health Seeking Behavior Hindrance? *Health Care for Women International*. 2010, 31. 88-98.
58. E. Hatefnia, Sh. Niknami, M. Mahmoudi, M. Lamian. Health Education Effects Based on Health Belief Model on Knowledge, Attitude and Practice of working women in Tehran drug sciences Factories about Breast cancer and Mammography Examination. *Journal of Behbood*. 2010, 14(1). 42-53.
59. F. Zamani-Alavijeh, Sh. Niknami, M. Bazargan, E. Mohamadi, A. Montazeri, F. Ghofranipour, F. Ahmadi, S.S. Tavafian, Sh. Bazargan-Hejazi. Risk-Taking behaviors motorcyclists in Middle East countries: A case Islamic Republic of Iran. *Traffic Injury Prevention Journal*. 2010, 11(1). 25-34.
60. T. F. Harandy, F. Ghofranipour, A. Montazeri, M. Anosheh, E. Mohammadi, F. Ahmadi, F. Aminshokravi, Sh. Niknami. Health-related quality of life in Iranian breast cancer survivors: A qualitative study. *Applied Research in Quality Life*. Under published

61. F.Rahmati-Najarkolaei, Sh. Niknami, F. Aminshokravi, M. Bazargan, F. Ahmadi, E. Hadjizadeh, S.Tavafian .Experiences of stigma in healthcare settings among adults living with HIV in the Islamic Republic of Iran.Journal of the international AIDS society .2010, 13:27.<http://www.jiasociety.org/content/13/1.27>
62. Z.Ghazanfari, Sh.Niknami, F.Ghofranipour, Bagher Larijani, H.Agha-Alinejad,A. Montazeri. Determinants of glycemic control in female diabetic patients :a study from Iran.Journal: lipids in Health and Disease.2010,9:83.<http://www.lipidworld.com/content/9/1/83>
63. Mohammadi Zeydi, A.R. Hidarnia, Sh. Niknami, A.safari.Vaniani,S.Varmazyar. The effects of an educational intervention on knowledge,attitude and ergonomic behaviors:The journal of Qazvin university of medical sciences.2010,14(1).33-40
64. F. Zamani-Alavijeh, Sh. Niknami, E. Mohamadi, A. Montazeri, F. Ahmadi, F. Ghofranipour, S.S. Tavafian .High risk behaviors among Iranian motorcyclists : a qualitative study ; Payesh Journal summer 2010; 9(3).269-278
65. Z.Ghazanfari, Sh.Niknami, F.Ghofranipour, E.Hajizadeh, A. Montazeri. Development and psychometric properties of a belief-based Physical Activity Questionnaire for Diabetic Patients (PAQ-DP); BMC Medical Research Methodology 2010 ,10(104).1-33 online www.biomedcentral.com/1471-2288/10/104
66. ,M. Karimi ,Sh. Niknami, F. Amin Shokravi, M. Shamsi, A. Hatami . The Relationship of Breast Self-examination with self- examination with self-esteem and perceived benefits/barriers of self-efficacy in health volunteers of Zarandieh city;Iranian Journal of Breast Disease 2010 ,2(5). 41-48
67. H .Hosseinzadeh , S.Z. Hossain , Sh . Niknami. Levels and functions of HIV/AIDS stigma within the Iranian community living in the Sydney metropolitan area. Health Education Journal 2010 ,69(4).1-14 online
68. F .Najar Kolaei , Sh. Niknami, F. Amin Shokravi, R. Farmanbar, F. Ahmadi , M .Jafari . Family system and its effect,s on Hiv/Aids high risk behaviors: A qualitative study . Journal of Guilan Univesity of Medical Sciences 2011 , 20(77) .69-80
69. MM .Vakili,A .Heydarnia, Sh. Niknami, N .Mousavinasab .Effect of communication scales training on health believe model constructs about AIDS in Zanzan health Volunteers. Zanzan University of Medical Sciences Journal 2012 , 19(77) .78-93
70. M , Karimi, Sh. Niknami, A .Heydarnia,E . Hajizadeh . Assessment of Knowledge ,Health Belief and Patterns of Cigarette Smoking Among Adolescents .Fasa University of Medical Sciences Journal 2011 , 1(3) .68-92
71. L , Ghahramani, Sh. Niknami, M .Nazari . The Prediction of Physical Activity Intention and Behavior in Elderly Male Residents of a Nursing Home:A Comparison of Two Behavioral Theories . Jorna of IJMS Iranian Journal of medical sciences Shiraz University 2012 , 37(1) .23-31
72. MM .Vakili , A .Heydarnia, Sh. Niknami. Development and Psychometrics of an Interpersonal

- 73. M. Karimi , M .Gallali , Sh. Niknami, F. Amin Shokravi, SS .Tavafian. The effect of health education program based on Health Belief Model on the performance of Pap smear test among women referring to health care centers in Zarandieh. Jornal of Jahrom University of Medical Sciences 2012, 10(1). 86-92**
- 74. M. Karimi , Sh. Niknami, A .Heydarnia , E. Hajizadeh. Psychometric peoperties of a theory of planned behavior questionnaire for tobacco use in male adolescents. Journal of Sabzevar University of medical sciences 2012, 19(2). 190-197**
- 75. F .Najar Kolaei, Sh. Niknami, F. Amin Shokravi, A. Ravari. HIV/AIDS patients' Experiences about Stigma: a Qualitative Study. Journal of Qualitative Studies in Health Science 2012 ,1(2) .71-80**
- 76. M. Karimi, Sh. Niknami, A .Heydarnia, E. Hajizadeh. Intention to start cigarettes smoking among Iranian male aadolescents: usefulness of an extended version of the theory of planned behavior. Journal of Heart Asia (JHA) 2012,4. 120-124**
- 77. M. Shamsi, A .Heydarnia, Sh. Niknami, Development and psychometric assessment of an oral health instrument based on Health Belief Model in pregnant women. Journal of Arak Medical University 2012, 15(65):45-65**
- 78. M.Valily, A .Heydarnia, Sh. Niknami, N. Mousavinasab . Development and psychometrics of Health Belief Model instrument about HIV/AIDS .Zahedan Journal of research in Medical Sciences 2012,14(9):64-71**
- 79. Sh.Naderimagham, Sh. Niknami, F. Abolhassani, E. Hajizadeh and A. Montazeri. Development and psychometric properties of a new social support scale for self-care in middle-aged patients with type II diabetes (S4-MAD). England Journal of BMC Public Health 2012, 12 (1035) : 1-9
Journal of**
- 80. F .Najar Kolaei, Sh. Niknami, F. Amin Shokravi, S.S.Tavafian, N. Joniedi Jafari, A. Golabchi. Promoting sexual abstinence intention among female university students: A quasi-experimental study. Journal of Research in Medical Sciences 2013 ,1(2) .37-43**
- 81. Mohammadi Zeydi, A. Heydarniya, S. Niknami. Safety climate measurement at workplace: development, validity and reliability. Journal of PAYESH, 2011 , 10(2), 157-165**
- 82. F. Rahmati Najarkolayi, Sh. Niknami, F. Amin Shokravi, F. Ahmadi, S.Tavafian, E.Haji zadeh. Individual factors predisposing HIV/AIDS high risk behaviors: a qualitative study. Journal of PAYESH, 2011 , 10(2), 205-215**
- 83. M. Karimi, Sh. Niknami, A .Heydarnia , E. Hajizadeh , A. Montazeri. Prevalence and Determinants**

- 84-M. Shamsi,A .Heydarnia, Sh. Niknami. The effect of Education Programs on knowledge ,Attitude and Practice in Preventing Behaviors to Reduce Dental Decay in Pregnant Women in Arak . Journal of Family and Health Quarterly , 2012, 2(1):75-95**
- 85- G.Shakerinejad, A .Heydarnia, M. Eslami Motlagh, K. Karami, Sh. Niknami, F. Amin Shokravi, M .Tavousi, M. Eslami . Factors predicting mood changes in oral contraceptive pill users . Journal of PAYESH, 2013 , 12(3), 305-311**
- 86- M. Karimi , Sh. Niknami, A .Heydarnia , E. Hajizadeh , M. Shamsi. Predicting smoking among adolescents : Examining of the role of smoking self-identity in the theory of planned behavior. Journal Health Syst Res 2013 ; 9(3):1-11**
- 87- M Shams , A Hidarnia , Sh. Niknami, M Karimi . The effect of educational programs on knowlege and preventive behavior about dental decay in pregnant women in Arak . Journal of Shahed University , 2013, 20(103):1-16**
- 88- M. Karimi , Sh. Niknami, A .Heydarnia , E. Hajizadeh , M. Shamsi. Evaluation of intrapersonal and interpersonal factors of male adolescent smoking: Journal of Research & Health Promotion Reserch Center 2013 , 3(3).445-451**
- 89- G.Shakerinejad, A .Heydarnia ,M. Eslami Motlagh, K. Karimi, Sh. Niknami, A. Montazreri. Factors predicting mood changes in oral contraceptive pill users: Journal of Reproductive Health(BMC). 2013 , 10(45).1-6 online**
- 90- G.Shakerinejad, A .Heydarnia, M. Eslami Motlagh, K. Karami, Sh. Niknami, A. Montazreri, M .Tavousi. Improving oral contraceptive pill continueation: aplanned behavior. Journal of PAYESH, 2013 , 12(4), 375-383**
- 91- I. Zareban , Sh. Niknami, F .Rakhshani . The Effect of Self Efficacy Education Program on Reducing Blood Sugar Levels in 67 Patients with Type 2 Diabetes : Journal of Health Education & Health Promotion . 2013 , 1(1).67-79**
- 92- M. Karimi , Sh. Niknami, A .Heydarnia , E. Hajizadeh , M. Shamsi. The Relationship between refusal self efficacy ,self esteem ,smoking refusal skills and Water pips(hookah)smoking among Iranian maleadolescents : Journal of UICC –Asia Regional Office APOCP coordination.2014, 15(2).**
- 93- M. Karimi , Sh. Niknami, A .Heydarnia. p Predictors of Oral Health Care in Pregnant Women Based on Health Belief Model : Journal of Health System Research .2012,8(4). 624-634**
redictors of Oral Health Care in Pregnant Women Based on Health Belief Model
- 94- I. Zareban , Sh. Niknami, A .Heydarnia , F .Rakhshani , M. Karimi , M. Shamsi . The Effect of Education Program Based on Health Belif Model on Decreasing Blood Suger Levels in Diabetic Type 2 patients in Zehedan :Journal of Scope .2013, 2(2): 73.78**
- 95- I. Zareban , Sh. Niknami, A .Heydarnia , F .Rakhshani , M. Shahrakipour , M. Moshki . The effect of education based on health belief model on reduction of HbA1c level in diabetes type:Journal of Research & Health .2013, 3(2): 370-378**
- 96- M Shamsi , A Hidarnia , Sh. Niknami, M Rafiee . Development and psychometric assessment of an oral health instrumentbased on Health Belief Model in pregnant women . Arak Medical University Journal (AMUJ). 2012; 15(65): 45-56**

- 97- M Shamsi , A Hidarnia , Sh. Niknami . A Survey of Oral Health Care Behavior in Pregnant Women of Arak : Application of Health Belief Model . Journal of Mazandaran .20122; 22(89): 104-115012; 22(89): 104-115 (Persian).
- 98- M Shamsi , A Hidarnia , Sh. Niknami , Mahtab Atarha , Rahmatalah Jadidi . Oral health of pregnant women in Arak, Iran. Journal of Payesh 2013; 12 (4) : 355-365; 22(89): 104-115 (Persian).
- 99- G.Shakerinejad, A .Heydarnia, M. Esmail Motlagh, K. Karami, Sh. Niknami, M, Tavosi,F.Amin shokravi . Comparing self-efficacy and perceived behavioral control in predicting intention to continue oral contraceptives pill: a confirmatory analysis. Journal of PAYESH, 2013 , 12(5), 517-525
- 100- M.H . Delshad , A . Heydarnia, Sh. Niknami . Psychometric measure continuous variables preventive behaviors of hepatitis B virus infection in health care workers. Journal of Mazandran , 2014 , 23(109), 40-53J 2014; 24(109): 40-53 (Persian).
- 102- M. Karimi , Sh. Niknami, A .Heydarnia , E. Hajizadeh. The effect of an educational program based on Kemp model on smoking refusal ability in the male adolescents: Journal of Daveshtar , 20 (106).2013, 1-8
- 103- F. Rahmati Najarkolayi, Sh. Niknami, F. Amin Shokravi, S.Tavafian ,M.Gholami Fesharaki,M . R . Jafari . Sexual behavioral abstine HIV/AIDS questionnaire :Validation study of an Iranian questionnaire . Journal of Education and Health Promotion , 2014 , 3(2), 53-58
- 104- H. Rezaii, Sh. Niknami, S.Tavafian ,B .K.Matin . The effect of a designed educational program regarding brucellosis prevention on Knowledge attitude and preventive behaviors of rural females of Kermanshah , Iran . Journal of PAYESH, 2014 , 13(1), 91-99
- 105- F. Sadeghnejad, Sh. Niknami, A. Montazeri, A.R. Hidarnia . Safety belt use among drivers and front passengers in Tehran :finding from observation and an interview survey. Journal of PAYESH, 2014 , 13(2), 177-187
- 106- M. Karimi , Sh. Niknami, A .Heydarnia , E. Hajizadeh , M . Shamsi . Refusal Self Efficacy ,Self Esteem , Smoking Refusal Skills and Water Pipe {Hookah} Smoking among Iranian Male Adolescents . Asian Pacific Prevention, 14 (12).2013, 7283-7288
- 107 - F. Sarbandi , Sh. Niknami, A . Heydarnia , E. Hajizadeh , A . Montazeri . The transtheoretical model (TTM) questionnaire for smoking cessation: psychometric properties of the Iranian version. Journal of BMC Public Health 2013, 13 (1186) : 1-6
- 108 - A. Solymanian , Sh. Niknami, E. Hajizadeh , D . Shojaeizadeh , A . Montazeri . Development and validation of a health belief model based instrument for measuring factors influencing exercise behaviors to prevent osteoporosis in pre-menopausal women (HOPE. (Journal of BMC Musculoskeletal Disorders 2014, 15 (61) : 1-8
- 109- A. Didarloo ,D. Shojaeizadeh , R. Gharaaghaji asl, Sh. Niknami, A. Khorami . Psychosocial Correlates of Dietary Behaviour in Type 2 Diabetic Women , Using a Behaviour Change Theory . Journal of Health popul Nutr 2014 ,32 (2) :235-341
- 110- M.H . Delshad , A . Heydarnia, Sh. Niknami . Mode of acceptance and improve standards for control of Hepatitis B virus infection by Health care workers . Journal of Koomesh . 2014 ; 16(1): 67-75J

- 111- F. Sadeghnejad, Sh. Niknami, A.R. Hidarnia, A. Montazeri. Seat-belt use among drivers and front passengers :an observational study from the Islamic Rrpublic of Iran. Eastern Mediterranean Health Journal. 2014 ; 20(8): 492-497
- 112- M.H . Delshad , A . Heydarnia, Sh. Niknami . Designing criteria for preventive behaviors of hepatitis B in health personnel . journal of Qazvin university of medical sciences. 2014 ; 18(3): 19-26J
- 113- M.H . Delshad , A . Heydarnia, Sh. Niknami , Amin Shokravi .F. Hepatitis B virus infection–control measures to detect and measures the scale improvements in knowledge ,attitude and preventive behavior . journal of Shaheed Sadougi University of medical. 2014 ; 22(1): 1018-1033J
- 114- K. Karimzadeh , Sh. Niknami, E. Rahimi . Using intervention mapping to develop a tailored Health Education program based on stages of change to prevent osteoporosis. Journal of Research & Health , 2014, 4(3), 795-802.
- 115- M. SHamsi , A . Hidarnia , Sh. Niknami, M .Rafiee , I . Zareban , M . Karimi . The Effect of Educational Program on Increasing Oral Health Behavior among Pregnant Women: Applying Health Belief Model : Journal of Health Education & Health Promotion . 2013 , 1(2).21-36
- 116- M. Karimi , Sh. Niknami, A .Hidarnia ,E . Hajizadeh ,M . SHamsi . Personal Attitudes, Risk Perception and PerceivedVulnerability toward Water Pipe Smoking among MaleStudents in Zarandieh : Journal of Health Education & Health Promotion . 2013 , 1(2).42-59

Congress and Conferences:

- 1- Sh. Niknami. The Study of Knowledge, Attitude and Practice of Mothers about Leshmania. The Iranian Congress, the International Congress of Geographic Medicine Congress. Shiraz, 31Oct-3 Nov, 1998.
- 2- Sh. Niknami. The Study of The Effect of Health education on Diabetic patient's Knowledge, Attitude and Practice in Abhar, The Iranian Congress, The International Congress of Geographic Medicine Congress. Shiraz, 31Oct-3 Nov, 1998.
- 3- S. Mazlomi, Sh. Niknami, F.Ghofranipoor, S. Faghihzadeh, A.R. Heydarnia .Knowledge, Attitude and Practice of Mothers about Leshmaniasis in Yazd. The Iranian Congress, preventive medicine in Hamedan, 20-21 Sep, 1999.
- 4- S. Mazlomi, Sh. Niknami, F. Ghofranipoor , S. Faghihzadeh, A.R. Heydarnia . Knowledge, Attitude and Practice of Mothers about Leshmaniasis in Yazd. The Iranian Congress on Infectious and Tropical medicine, 16-20 Jan, 2000.
- 5- F. Alhani, Sh. Niknami,A. Hidarnia,M. Kimiagar,A. Kazemnagad. Design and Evaluation of a familiy centered empowerment model for preveting iron deficiency anaemia in adolescent girls. International Nursing Congress,Darussalam Brunei, 28-31 Oct, 2002.
- 6- F. Alhani, Sh. Niknami, A. Hidarnia, M. Kimiagar, A. Kazemnejad, A.R. Hidarnia. Design and Evaluation of a familiy centered empowerment model in changing of nutritional health and behaviors in adolescent girls. The 7th Iranian Nutrition Congress, Rasht, 2002.

- 7- F. Alhani, M. Kimiyagar, A.R. Hidarnia, A. Kazemnezhad, Sh. Niknami. The study of Iron consumption in girl students. The 7th Iranian Nutrition Congress. Rasht. 2002.**
- 8- M. Anoosheh, Sh. Niknami, R. Tavakoli, S. Faghihzadeh. Puberty education for adolescent girls. International Nursing Congress. Darussalam Brunei, 28-31 Oct, 2002.**
- 9- M. Anosheh, Sh. Niknami, R. Tavkoli, S. Fagihzadeh. The effects of Sexual education in teenager girls. The Congress of Family and Sexual problems. Shahed university. 15-16 Oct 2003.**
- 10- F. Alhani, Sh. Niknami, A.R. Hidarnia, M. Kimiagar, A. Kazemnagad. The effect of Health education on nourishment behaviors in adolescent student. National Congress on Health Education, Yazd, 9-11 Dec, 2003.**
- 11- F. Alhani, Sh. Niknami, A.R. Hidarnia, M. Kimiagar, A. Kazemnagad. Design and Evaluation of a family centered empowerment model for preveting iron deficiency anaemia in adolescent girls. National Congress on Health Education, Yazd, 9-11 Dec, 2003.**
- 12- K. Karimzadeh, Sh. Niknami, E. Rahimi. The evaluation of eligibility and conception of a pamphlet. National Cogress on Health Education, Yazd, 9-11 Dec, 2003.**
- 13- M. Karimi, Sh. Niknami, A.R. Hidarnia, A. Ramazani. The effect of health education on preventive behaviors of AIDS in Gezel Hesar's prisoners, National Congress on Health Education, Yazd, 9-11 Dec, 2003.**
- 14- M. Nazari, Sh. Niknami, A.R. Hidarnia, Gh. Babai. The effect of health education on the girl students's knowledge about nourishment in primary schools of Chabahr. National Congress on Health Education, Yazd, 9-11 Dec, 2003.**
- 15- Sh. Niknami, K. Karimzadeh Shirazi, E. Rahimi. Measurement of self-esteem in Tehran high school students. The 15th national Congress of Health Education, Yazd, 2003.**
- 16- F. Alhani, A. Kazemnezhad, Sh. Niknami, A.R. Hidarnia, M. Kimiagar. The study of group problem-solving effects on behavior and self-esteem and youth girls' behavioral changing. The 15th International Congress of Pediatrics. Tehran Medical University. Iran. 2003.**
- 17- K. Krimzadeh Shirazi, Sh. Niknami, E. Rahimi. Evaluation of Readability and Comprehension of a Pamphlet, the 18th World Conference on Health Promotion and Health Education. Australia, 2004.**
- 18- Sh. Niknami, K. Karimzadeh Shirazi, E. Rahimi. Measurement of self-esteem in Tehran high school students. The 8th International Congress of Behavior Medicine. Germany, 2004.**
- 19- L.M. Wallace, Sh. Niknami, K. Karimzadeh Shirazi. Validation of a stage algorithm for exercise**

behavior in Iranian, Research on the Transtheoretical model: Where are we now, where are we going? Germany, 2004.

- 20- Sh. Niknami, K. Karimzadeh Shirazi, G. Torkaman. Improving Physical Activity through a TTM-based Health Education Intervention, ISSP 11th World Congress of Sport Psychology. Australia, 2005.**
- 21- K. Karimzadeh, Sh. Niknami, E. Rahimi. Osteoporosis risk factors and perceived threatened in women patients with 40-65 years old. 2th National conferences of Health Education. Zahedan, 2005.**
- 22- M. Taheri Aziz, Sh. Niknami, M. Mohraz. Survey of health education designed package effects on behavioral health of tuberculosis refereed patients to Iran's Pasteur Institute. The 2th National Conferences of Health Education. Zahedan, 2005.**
- 23- K. Karimzadeh Shirazi, Sh. Niknami, A.R. Hidarnia, S. Faghihzadeh. Balance of Making decision in calcium substance consumption via an intervention based on Treanstheoretical Model. The 2th National conferences of Health Education. Zahedan, 2005.**
- 24- A.R. Hidarnia, M. Nazari, Sh. Niknami, Gh. Babaee. Survey the health education program effecting nutritional behavior of primary school student in Chababar. Ninth International Congress of Behavioral Medicine. Thailand, 2006.**
- 25- Sh. Niknami, M. Ghaffari, S. Rakhshanderou. Religious instructions approach for health promotion, 19th IUHPE World Conference. Canada, 2007.**
- 26- K. Karimzadeh Shirazi, E. Rahimi, Sh. Niknami. Determinants of safe sex in Iranian non-medical college students. 19th IUHPE World Conference. Canada, 2007.**
- 27- M. Akbari, Sh. Niknami, F. Ahmadi, Gh. BaBaei. The role of health promotion schools in preventing and reducing of youth tobacco use. The 19th IUHPE World Conference. Canada, 2007.**
- 28- Sh. Niknami, F. Zamani Alavijeh, E. Mohammadi, F. Ahmadi, A. Montazeri, F. Ghofranipour. Injury Related Risk Behaviors among Iranian Motorcyclists: A Qualitative study. Qualitative Research Congress on Health Related Sciences. Tehran, 2008.**
- 29- Sh. Niknami, F. Zamani Alavijeh, E. Mohammadi, F. Ahmadi, A. Montazeri, F. Ghofranipour. Social Factors of Injury Related Risk Behaviors in Motorcyclists: a Qualitative study. The First National Congress of Social Determinants of Health. Gilan, 2008.**
- 30- F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, F. Ghofranipour, A. Montazeri, F. Ahmadi. Motorcyclists and Risk behaviors: a Qualitative study. The First National Congress of Social Determinants of Health. Gilan, 2008.**
- 31- M. Bazargan, F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, A. Montazeri. Road Traffic Injuries in**

- 32- F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, A. Montazeri, F. Ghofranipour F. Ahmadi. Reasons for Riding Motorcycles and Taking Risky Behaviors: A Qualitative Study. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.**
- 33- Sh. Niknami, F. Zamani Alavicheh, F. GhofranipoUr, M. Arjmandzadegan. Application of the health belief model in the prevention of hepatitis B among girl students in Iranian high schools. Sydney Cancer Conference, 2008.**
- 34- M. Ghaffari, Sh. Niknami, M. Karimi, S. Rakshanderou. Breast self-examination: A technique which still needs education. Sydney Cancer Conference, 2008.**
- 35- M. Ghaffari, Sh. Niknami, A. Kazemnejad, F. Ghofranipour, E. Mirzaee. Theory-Oriented Approaches for prevention of HIV/AIDS among adolescents. The 3th national nursing conference. Hamedan, 2008.**
- 36- M. Ghaffari, Sh. Niknami, A. Kazemnejad, E. Mirzaee. Parent-adolescents relationship among male high school students in Tehran about HIV/AIDS. Assessment of barrier perceived. The 3th National Nursing Conference. Hamedan, 2008.**
- 37- F. Rahmati Najarkolaee, Sh. Niknami, F. Aminshokravi, F. Ahmadi, M.R. Jafari. Application of Health Belief Model in planning for HIV/AIDS prevention program among tehran university students. The 3th National Health Education and Health Promotion Congress. Hamedan, Iran, 2008.**
- 38- R. Farmanbar, Sh. Niknami, A.R. Hidarnia, E. Hajizadeh, M. Rahimi. The assessment of validity and reliability for behavioral arrangement questionnaire in sprot among medical sciences students. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.**
- 39- L. Ghahremani, Sh. Niknami, M.T. Mosavi, A.R. Hidarnia, M. Nazari. Study of Transtheoretical Model effect in sporting behavioral promotion among Kahrizak elderly people. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.**
- 40- M. Nazari, A.R. Heidarnia, H. Eftekhari Ardebili, M. Mobasheri, Sh. Niknami, L. Ghahremani. Evaluation of PRECEDE Model's effect on boy students immune behavioral promotion. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.**
- 41- F. Rahmati Najarkolaee, Sh. Niknami, F. Amin Shokravi, F. Ahmadi, M.R. Jafari. Effect of behavioral intervention in base of social cognitive model in reduction of HIV/AIDS risk among non-medical students of Tehran University. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.**
- 42- Sh. Niknami, E. Hatefnia. Study of creating factors in mammography intention in women. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.**

- 43- P. Taimoori, Sh. Niknami, F. Ghofranipour. Cognitive and phsyscosocial factors differences of physical activity behaviors on base of Transtheoretic model in Sanandaj adolescents. The 3th National Health Education and Health Promotion Congress. Hamedan, 2008.
- 44- I. Mohammadi Zaydi, AR. Heidarnia, Sh. Niknami, S. Varmarzar, Sh. Sabetimotlagh, M. Amini. Study of influence factors on preparation for correct posture admission in industrial workers. 1st National Congress on Health and Safety in work environment and 6th National Congress of Occupational Health.Tehran, 2009.
- 45- A. Shafiei Alavijeh, Sh. Niknami, F. Zamani Alavijeh. Mental health literacy: Awareness of teenagers' emotional change among the Karaj high school teachers in 2007. 10th International Mental Health Conference. Australia. 12-14 Aug, 2009
- 46- F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, A. Montazeri, F. Ahmadi, F. Ghofranipour. Sensation seeking and perceived needs: Two major causes of risk taking behaviors among the Iranian motorcyclists. 10th International Mental Health Conference. Australia. 12-14 Aug, 2009
- 47- R. Farmanbar, Sh. Niknami, A.R. Hidarnia, E. Hajizadeh, D.R. Lubans. Validity and reliability of the Behavioural Regulation in Exercise Questionnaire-2(BREQ-2) in Iranian university students. 200 Annual Conference of the ISBNPA. 17-20 June, 2009
- 48- R. Farmanbar, Sh. Niknami, A.R. Hidarnia, E. Hajizadeh, M. Rahimi. An assessment of the Physical activity enhancement based on Transtheoretical Model using Path analysis in order to providing useful approach. The National useful consumption approach conference in The Health and treatment field. 20 January, 2010.
- 49- R. Farmanbar, Sh. Niknami, A.R. Hidarnia, D.R. Lubans. Predicting exercise behavior in college students: Utility of an integrated model of health behavior based on the Transtheoretical Model and self-determination theory. The International Society for Behavioral Nutrition and Physical Activity. 13 April, 2010
- 50- M. Ghaffari, Sh. Niknami, S. Rakhshandeh rou. Tehran high schools boy students' informational sources, knowledge, perceived injury, perceived severity about AIDS: A cross-sectional study.3rd annual Iranian seminar on HIV/AIDS. 29-30 November 2009.
- 51- Sh. Niknami, E.Hatefnia, M.Mahmodi, M.Bazargan.Beliefs associated with mammography behaviour among working women in Iran.Sydney Cancer Conference, 2010.
- 52- F. Zamani Alavijeh, Sh. Niknami, E. Mohammadi, A. Montazeri, F. Ahmadi, F. Ghofranipour. Motorcyclists, reactions to safety helmet law:a qualitative study .The First International Conference on Qualitative Rresearch in Nursing and Health,Thaland,2010
- 53- M.Asadpour, F.Ghofranipour, Sh. Niknami, H. Eftekhari, E.Hajizadeh Frequency of injuries caused by

contaminated needle stick and its associated risk factors among employees of nursing services. The Conference of Workplace Safety and Health Promotion ,2009

- 54- L. Ghahremani, sh. Niknami, M. Nazari. physical activity in older men: comparing self-efficacy with the theory of planned behavior. the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 55- R. Farmanbar, sh. Niknami, AR. Heydarnia, A. Hajizadeh. Predicting physical activity among Iranian college students based on the Transtheoretical Model using path analysis. the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 56- F. Farmanbar, sh. Niknami, AR. Heydarnia, D.R. Lubans, M. Rahimi Gilchalan .Effects of an international on promoting and maintenance of exercise behavior among college students based on integrating the Transtheoretical Model and Self-determination Theory. the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 57- E. Hatefnia, sh. Niknami. the effects of "Theory of Planned Behavior" based education on the promotion of Breast Cancer control behavior in employed women .the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 58- F. Rahmati Najarkolaie, sh. Niknami, F. Aminshokravi, F. Ahmadi. Experiences of stigma in health care settings among adults living with HIV in an Islamic country .the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 59- F. Sadeghnejad, sh. niknami. comparing of Health Education Methods on promoting Breast Self Examination (BSE) .the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 60- M. Asadpour, F. Ghofranipour, sh. niknami, H. Eftekhari Ardebili, E. Hajizadeh. Promotion and maintenance of preventive behaviors from HIV, HBV and HCV infections in health care workers using constructs of Health Belief Model and Precede-Proceed Model. the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 61- F. Farmanbar, sh. Niknami, D. Rivalds Lubans , AR. Heydarnia, E. Hajizadeh. Predicting Exercise Behavior in college students: utility of an Integrated Model of Health Behavior based on the Transtheoretical and Self-Determination Theory. the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 62- F. Farmanbar, sh. Niknami, AR. Heydarnia, A. Hajizadeh. Testing the IRANIAN version of Behavioral Regulation in Exercise Questionnaire-2 (BREQ-2) among university students: A Confirmatory Factor Analysis. the first international & 4th national congress on health Education & promotion, Tabriz, 2011
- 63- M. Karimi, sh. Niknami. Motives of individual for tobacco use in adolescent boys: A Qualitative study. the first international & 4th national congress on health Education & promotion, Tabriz, 2011

- 64- I. Mohammadi Zeidi, AR. Heydarnia, Sh. Niknami. Musculoskeletal pain severity increasing, Health Awareness effects and error in Health Education process. the first international & 4th national congress on health Education & promotion,Tabriz,2011**
- 65- Sh. Niknami, F. Zamani-Alavijeh, A. Shafiee, M. Seifi .comparison of psychological status of full boarding and day students in boarding schools.3rd World Congress of Asian Psychiatry (WCAP).Melbourne Australia,2011.**
- 66- Sh. Niknami, F. Zamani-Alavijeh, P.Shahry, M. Kalhory, M.H.Haghighizadeh. An analysis of the determinants of improper delivery choice: a challenge for maternal health. Primary Health Care Research Conference. Canberra Australia, 2012.**
- 67- Sh. Niknami, M.M.Vakili, R.sorouri zanjani, S. mazloomzadeh, N.jahangiri, A.Sadeghi jahani. The effect of health education on HIV/AIDS knowledge and attitude of health workers in Zanjan. Primary Health Care Research Conference. Canberra Australia,2012**

Book:

- **J. Gullledge, J. Marcus: Community health, education and promotion manual. Translated by: Gh. Babae, A.R. Hidarnia, A. Ramezankhani, M.R. Miri, and Sh. Niknami. Tarbiat Modares University publication. 2004.**
- **R. Randall, C and J .F.McKenzie, Health Promotion and Educational Research Methods .Translated by Sh. Niknami, and et al. Aghil publication,2010**